Do you need support reaching a healthy weight?

WE CAN DO THIS!

Reaching a healthy weight can help improve your wellbeing and your body

Visit **www.norfolk.gov.uk/wecandothis** to see if you're eligible to receive FREE weight loss support.

ready to **change**
your way to better health

Norfolk County Council
Public Health

YOUR HEALTH NORFOLK

Slimming WORLD Partnerships